

Author A.C. Frieden Begins Helicopter Training

SCHAUMBURG, Illinois, USA (Apr. 22, 2013) – Novelist A.C. Frieden began flight training for a helicopter add-on rating. Frieden, who is already an FAA-licensed private pilot with single-engine land and seaplane ratings, started his training flights with Bachmann Aero, a helicopter operator based at Schaumburg Regional Airport. “I’ve traveled by helicopter many times over the years but always dreamt of piloting one myself,” Frieden said. “It’s a very different feeling than when I fly fixed-wing aircraft, and now is perfect timing because I’m adding helicopter scenes in my next two thrillers.” Frieden’s flight training will include approximately thirty to forty hours of flight time, including more than ten hours of solo time, on a Schweizer 300 helicopter as well as ground training.



(Above) Novelist A.C. Frieden lands at Rochelle Municipal Airport, also known as Koritz Field, during a training flight on a Schweizer 300 helicopter from Bachman Aero. Koritz Field is about 80 miles west of downtown Chicago.

Frieden’s experience flying has found its way into his books. In his latest thriller, *The Serpent’s Game*, hero Jonathan Brooks finds himself escaping Panamanian police by seaplane and reaching Nicaragua only to end in a hair-raising crash landing. “Aircraft scenes add a lot of tension to thriller plots, and as a pilot its inevitable that I include these in my novels,” added Frieden, recalling that

there are other thriller authors who are also pilots, such as David Morrell, author of *First Blood*, the novel in which Rambo was created. Morrell became a private pilot in part to research aerial sequences for his book *The Shimmer*.



(Above) Novelist A.C. Frieden piloting the Schweizer 300 with his instructor, Randy.

About the author: A.C. Frieden is a Chicago-based fiction author, lawyer, pilot, diver, and former army sniper and biologist. His works include the Jonathan Brooks thriller series as well as other fiction and non-fiction books. For more info, visit his website at www.acfrieden.com and his blogs.

About Bachman Aero: Bachman Aero is a full-service helicopter operator, providing helicopter training, sightseeing tours, aerial photography, location scouting, and other services. Based out of Schaumburg Regional Airport, Bachman Aero operates two Schweizer 300 helicopters with experienced pilots and instructors. For more information, visit www.bachmanaero.com.

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